



華人身心健康 CHINESE WELLBEING

Dedicated to physical, mental and social wellbeing,
independent living and community support.



**ESTABLISHED IN 1989, WE ARE A
REGISTERED CHARITY WHICH HAS
BEEN SUPPORTING MERSEYSIDE'S
CHINESE COMMUNITY FOR OVER
30 YEARS.**

**WE SUPPORT OLDER
PEOPLE TO LIVE WELL,
STAY ACTIVE AND
CONNECTED**

www.chinesewellbeing.co.uk

Our Services

• Home care

We provide a person centred homecare service to help you to remain independent within your own home for as long as possible. Rated as 'Outstanding' by CQC.

• Personal Wellbeing Service

PWS is a chargeable service designed to enable independent living. We provide assistance with a variety of everyday tasks, in addition to providing companionship and to support people to remain active within the community.

• Evergreen Club Programme

Our award-winning "Evergreen Club" aims to create a healthy, positive, and safe social platform for meeting friends.

• Liverpool Chinese Dementia Network

A peer support group for people living with dementia or mild cognitive impairment and their family carers. Need to talk in confidence? Drop in Session is informal and confidential.

• Tea House Reminiscence®

Tea House is a place for everyone to connect with old and new friends to share memories and relax in a safe and cultural specific environment.



Inspected and rated

Outstanding ★



Scan the QR
code for more
information



“Chinese Wellbeing helps the older Chinese generation who can't speak English. They improve the quality of our lives and make sure our lives are so much easier

“Since I got the service, my life has improved a lot. Whenever there is an issue, staff will come and help me to sort thing out .

Grant Funded by



Supported by players of



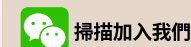
Awarded funds from



P. H. HOLT
FOUNDATION



Cheshire and Merseyside



0151 709 2643



Staten Court, Tradewind Square,
East Village, Duke Street,
Liverpool L1 5BG
Charity Registration No 1001288
Company Registration No.2446695



華人身心健康 CHINESE WELLBEING

Dedicated to physical, mental and social wellbeing,
independent living and community support.



我們是一家註冊慈善機構，
成立於 1989 年。30 多年
來一直為默西塞德郡的華人
社區提供支持服務。

我們支持長者過上美
好生活、保持活躍
和保持聯繫

www.chinesewellbeing.co.uk

我們的服務

家庭護理服務

作為理質量委員會CQC 評級為‘優異’的家庭護理機構，我們提供以人為本的家庭護理服務，幫助您盡可能長時間地在自己的家中保持獨立。

個人健康服務

PWS個人健康服務是一項收費服務，旨在實現獨立生活。除了提供陪伴和支持人們在社區中保持活躍之外，我們還提供各種日常任務的幫助。

常青俱樂部

屢獲殊榮的“常青俱樂部”旨在為長者提供了一個健康、積極、安全的社交平台，幫助會員在社區保持活躍。

華人腦退化症支援服務

同伴小組為腦退化症患者或輕度認知障礙的人及其家庭照顧者而成立。小組分享生活經驗，提供信息和參與各種認知活動的機會。也提供保密一對一諮詢。

樂天茶座®

樂天茶座® 是個與朋友交流的好地方，大家可在安全和特定文化的環境中分享回憶和彼此交流。



掃描二維
碼了解更
多信息



“華人身心健康幫助不會說英語的長者。他們提高了我們的生活質量並確保我們的生活變得更加容易。

“自從得到這項服務後，我的生活改善了很多。每當有問題時，工作人員都會過來幫助我解決問題。

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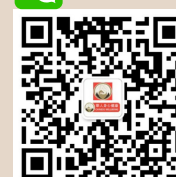


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掃描加入我們



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